

Curriculum Vitae



Matthias Jäger

PD Dr.med. Specialist in Psychiatry and Psychotherapy

Director of Adult Psychiatry
Consultant in Private Clinic

Lecturer (Privatdocent) at the Medical Faculty of the University of Zurich

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Career milestones

07/2018 - present	Director of Adult Psychiatry, Psychiatrie Baselland and Consultant in Private Clinic
09/2016 – 05/2018	Director of Centre for Acute Psychiatric Disorders and Director of Triage, Psychiatric University Clinic Zurich, Clinic for Psychiatry, Psychotherapy and Psychosomatics (Prof. Dr. med. Erich Seifritz)
01/2016 – 05/2018	Director of Centre of Excellence KESR (Child and Adult Protection Legislation)
06/2016	"Venia Legendi" for Psychiatry and Psychotherapy at the University of Zurich on the subject "Informal coercion within the therapeutic relationship"
01/2015 – 08/2016	Deputy Director Centre for Acute Psychiatric Disorders
01/2013 – 08/2016	Senior Physician, various acute wards and Limmattal outpatient department
05/2010 – 12/2012	Senior Physician, Psychiatric University Clinic Zurich, Clinic for Social Psychiatry and General Psychiatry Zurich-West (Prof. Dr. med. Dipl.-Psych. Wulf Rössler)
11/2010	Specialist in Psychiatry and Psychotherapy, certified as FMH-equivalent by the Federal Office of Public Health, Bern
04/2009 – 04/2010	Junior Physician, Neurological Rehabilitation, Rehaklinik Bellikon (Canton Aargau)
01/2008 – 03/2009	Triage Senior Physician, Psychiatric University Clinic Zurich
01/2006	Doctorate at the Johann Wolfgang Goethe University, Frankfurt am Main on the subject "Forensic adolescent psychiatric support in youth detention centres in Germany and the Netherlands"
01/2005 – 03/2009	Junior Physician, Psychiatric University Clinic Zurich, Clinic for Social Psychiatry and General Psychiatry Zurich-West
09/1997 – 11/2004	Degree in Human Medicine at the Justus-Liebig University Giessen and the Free University Amsterdam

Postgraduate courses

Since 2019	Certificate of Advanced Studies (CAS-HSG) in Systemic Healthcare Management, Institute for Systemic Management and Public Governance, University of St. Gallen
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2016 - 2017	Certificate of Advanced Studies (CAS) in Health Care Management - Psychiatry, Psychotherapy and Clinical Psychology, Wittlin Stauffer
2014	Train the Trainer Seminar, University of Zurich
2012 - 2013	Further training programme for managers in the Zurich Cantonal Administration, Zurich
2005 - 2008	Psychotherapy training course, C.G. Jung Institute, Küsnacht
2008	Short training course in Dialectic Behavioural Therapy, Association of Scientific Psychotherapy, Zurich

Memberships

- Swiss Society for Psychiatry and Psychotherapy (SGPP)
- Baselland Physicians Association (AeBL)
- Member of the Swiss Medical Association FMH
- Swiss Association of Psychiatric Consultants (SVPC)
- German Association for Psychiatry and Psychotherapy, Psychosomatics and Neurology (DGPPN)
- Swiss Association for Social Psychiatry (SGSP)
- Board member of the Zurich Centre for Alcohol Problems (ZFA)
- Member of the study programme board for Postgraduate Studies in Psychotherapy (PSP)

Teaching activities

Since 2019	Lecturer in Human Medicine at the University of Basel
Since 2008	Lecturer in Human Medicine at the University of Zurich
2014 - 2018	Organisation of the Social Psychiatric Colloquium, course at the University of Zurich
2015 - 2018	Organisation of the Clinical Forum on Ethics and Law, course at the University of Zurich
2008 - 2012	Lecturer in the seminar on "Social psychiatry" for psychology students
2006 - 2008	Lecturer in psychopathology at the School for Healthcare and Nursing at the Psychiatric University Clinic Zurich

Current research areas

- Home treatment and outreach psychiatric treatment
- Informal coercion and the therapeutic relationship
- Housing provision for people with psychiatric disorders
- Recovery orientation in the acute psychiatric setting
- Child and adult protection legislation (KESR) in clinical practice

Review activities

- Addiction Research and Theory
- BMC Psychiatry
- Current Clinical Pharmacology
- European Psychiatry
- Advances in Neuropsychiatry
- Frontiers in Psychiatry
- Frontiers in Public Health, Associate Editor
- International Journal of Psychiatry in Clinical Practice
- Journal of Affective Disorders
- Neuropsychiatry
- Psychiatric Practice
- Psychiatry Research
- Psychopathology
- Social Psychiatry and Psychiatric Epidemiology
- Addictions
- Value in Health